

GOOD FOOD. SORTED.

Good food. A plan that fits your day.

Choose your food, pick your meals and let us take care of the morning delivery. Your quick guide to getting started with Auri in Bengaluru.



Real food

Your choice of
meals

One morning
delivery

THE SHORT VERSION

3 steps to get started.

1

Choose your plan

Balance, Protein+, Lean+ or a two-day trial.

2

Make it yours

Select your dietary preference, meals per day and duration.

3

Place your order

Add your address and choose when to start.

Vegetarian, egg and non-vegetarian options are available. For allergies or specific dietary needs, speak with our team before ordering.

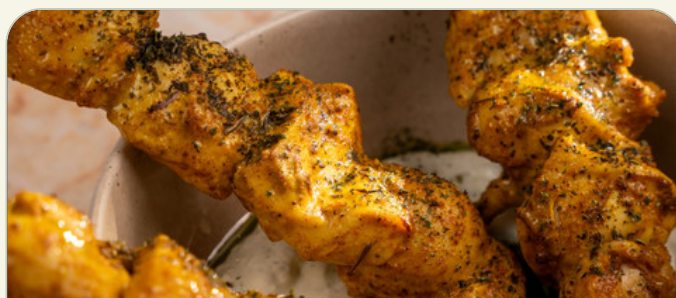
Find your kind of meal.



Balance

A balanced everyday option for getting your regular meals sorted.

[Explore online](#)



Protein+

Protein-focused meals when you want more protein in your daily routine.

[Explore online](#)



Lean+

Lighter, salad-forward meals if that's the way you like to eat.

[Explore online](#)



2-Day Trial

Get to know the food before choosing a longer plan. Pick two or three meals a day for two days.

[Explore online](#)

Photos show examples of Auri food, not a fixed menu for each plan. Open a plan to see its available choices.

BEFORE YOU PAY

What will your plan cost?

The price depends on the plan and options you choose. The amount marked "From" is a starting price, not a quote for every combination.

Choose what you need

Your plan

Balance, Protein+, Lean+ or Trial

Your meals

Dietary preference and meals per day

Your duration

How long you want the plan to run

THEN CHECK

Your selected total

This is the amount for the options you've chosen. Review it at checkout before paying.

[Explore online](#)

Reading the plan cards

Regular plans show a starting **weekly total**. The trial shows a **two-day total**. Neither is a per-meal price.

HOW DELIVERY WORKS

Your meals arrive in one morning delivery.

Delivery window

6 to 10 a.m.

All the meals you select for the day arrive together. Breakfast, lunch and dinner are meal choices, not separate delivery times.

Six days a week

Mon

Tue

Wed

Thu

Fri

Sat

Sun

Monday to Saturday. No Sunday deliveries.

Check your address

We deliver within **10 km of BTM 2nd Stage** in Bengaluru. Confirm coverage and your available start date at checkout.

WHEN YOUR ROUTINE CHANGES

Need a day off?

Skip a day or pause

Send your request **by 3 p.m. the day before** the delivery you want to change.

For example: to skip Tuesday, request it by Monday at 3 p.m.

Check the request status in your account or with our team.

Continue when you're ready

Your plan **does not renew automatically**. When it ends, you choose whether to order again.

You stay in control of your next plan and payment.

Need to cancel or request a refund? Those follow our [terms and conditions](#).

READY WHEN YOU ARE

Find your everyday plan.

Pick your plan, make it yours and see your selected total before you pay. Want to try the food first? Choose the two-day trial.

Choose my meal plan

See all plans and available options

Auri Kitchen · Bengaluru

Healthy meal subscriptions for your everyday.